

CHOOSE BETWEEN EITHER THE MEZE LUNCH OR THE SOUVLAKI LUNCH

Available Monday – Friday, 12pm – 4pm

MEZE LUNCH

Choose any 3 dishes from the following selection of hot and cold meze and sides.

COLD MEZE

GREEK FLATBREAD [v]

Light, moist and incredibly moreish, the authentic Greek classic. (615kcal)

CRUDITÉS [cru-di-tay] [v] [vg]

Fresh-cut carrot, celery and cucumber, perfect with one of our homemade dips. (37kcal)

TARAMASALATA [tara-ma-salata]

Rich, creamy and made fresh every day with naturally smoked undyed cod roe. (913kcal)

HUMMUS [hum-us] [v] [vg]

Our daily home blend, rich in tahini and delicately spiced with cumin and fresh chilli. (298kcal)

GIGANDES PLAKI

[gig-and-ees pla-ki] [v] [vg]
Hearty giant beans, slow-cooked by our chefs in a rich and herby tomato sauce. (183kcal)

DOLMADES [dol-ma-dez] [v] [vg]

Daily hand-wrapped vine leaves with our unique rice, herb, pine nut and Corinthian sultana filling. (254kcal)

MELITZANOSALATA

[melit-zano-salata] [v] [vg]
A light and fragrant blend of smoked aubergine, garlic, shallots and lemon. (236kcal)

HOT MEZE

TIROPITAKIA [tiro-pi-takia]

Our filo pastry parcels with creamy leek, spinach and feta filling, handmade daily. (416kcal)

SKEWERS

Grilled succulent Farm Assured British meat or halloumi, skewered with onions and peppers, marinated and served on a bed of leaves.

Choose from...

Chicken (177kcal) or Pork (281kcal),

GRILLED HALLOUMI [ha-loo-mee] [v]

Succulent grilled halloumi with a garnish of charred red and yellow peppers. (151kcal)

BOUREKI [boo-rek-ee]

Our handmade filo parcels filled with ground beef and feta, rounded off with a hint of cumin and paprika. (399kcal)

SIDES

NEW POTATOES [v] [vg]

Delicate, nutty and tossed in olive oil, spring onion, lemon juice and fresh dill. (293kcal)

CHIPS [v] [vg]

Hand-cut daily in our kitchen and fried to perfection. (528kcal)

LAHANOSALATA [laha-no-salata] [v]

The Greek coleslaw... white cabbage, shaved fennel and dill dressed with our very own creamy sultana dressing. (134kcal)

SOUVLAKI LUNCH

Choose one of the following souvlakis with either new potatoes, chips or lahanosalata.

SOULVAKI [soov-lah-kee]:

The Real Greek wrap – like a kebab, only much better... we use the best British meat or halloumi, skewered with onions and peppers and grilled over charcoal, then wrapped in our gorgeous flatbread with plenty of homemade tzatziki and tomato relish.

PORK (633kcal)

CHICKEN (529kcal)

LAMB KEFTE (730kcal)

HALLOUMI & VEGETABLE (451kcal)

[ha-loo-mee] [v]

Halloumi cheese, skewered with courgettes.

Lunch Menu
£5.95

THE REAL
GREEK

Lunch Menu

£5.95

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DRINKS

BEERS & CIDER

Pilsner Urquell: Half Pint	£2.40	(119kcal)
Pint	£4.25	(239kcal)
Mythos: 330ml Bottle	£3.40	(133kcal)
Peroni: 330ml Bottle	£3.40	(138kcal)
Savanna Cider: 330ml Bottle	£3.50	(187kcal)

MINERAL WATER

Still or Sparkling 330ml	£2.30
Still or Sparkling 750ml	£3.75

FRESHLY SQUEEZED JUICES

Orange	£2.95	(138kcal)
Apple	£2.95	(144kcal)
Cranberry	£2.95	(141kcal)
Lemon	£2.95	(37kcal)

SOFT DRINKS

Coca-Cola	£2.30	(139kcal)
Diet Coke	£2.30	(2kcal)
Fanta	£2.30	(99kcal)
Sprite	£2.30	(145kcal)
Ginger Beer	£2.30	(116kcal)

AVAILABLE MON – FRI 12:00pm - 4:00pm

In participating restaurants only (excluding Bank Holidays). This menu cannot be used in conjunction with any other offer or promotion.

Any gratuities left in recognition of good service will go directly and entirely to your server. Please note we only accept cash gratuities.

All our dishes may contain traces of nuts.

[v] – These items are suitable for Vegetarians.

[vg] – These items are suitable for Vegans.

We are constantly trying to improve your experience and would appreciate any feedback that you have to help us achieve this. Please contact our Managing Director, Liz Williams by email: liz@therealgreek.com.

Please note that we accept all major credit cards. We do not accept cheques.

THE REAL
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